

This listing of claims will replace all prior versions, and listings, of claims in the application:

Listing of Claims:

1. (Currently Amended) A herbal health-protective, promotive and nutraceutical formulation for women, human expectant mothers, wherein said formulation comprising:

~~seeds/seed products 80-90% by wt of the formulation comprising seeds or seed products, in which said seeds or seed products are selected from the group consisting of legumes, cereals and pseudocereals ranging from 80-90% by wt;~~

~~10-20% by wt of the formulation comprising of an extract, said extract obtained from essential herbs/medicinal plants~~ essential herbs or medicinal plants of the genera *Centella*, *Chlorophytum*, *Boerhaavia*, and *Sida*;

~~optional herbs/medicinal plants~~ optionally herbs or medicinal plants selected from the group consisting of *Withania somnifera*, *Pueraria tuberosa*, *Asparagus racemosus*, and *Saraca indica*;

optionally milk powder;

optionally jaggery;

optionally coca powder;

optionally sugar powder; and

optionally an ~~acceptable~~ effective amount of further additives selected from the group consisting of *Piper*, *Elettaria*, and *Myristica*.

2. (Currently Amended) A herbal-nutraceutical formulation as claimed in claim 1 wherein, the ~~seeds/seed products~~ seeds or seed products are selected from dried seeds, roasted seeds and powdered seeds.

3. (Previously Presented) A herbal formulation as claimed in claim 1 wherein, the legumes are selected from the group consisting of *Glycine max*, *Cicer arietinum*, *Phaseolus mungo*, *Phaseolus vulgaris*, and *Phaseolus radiatus*.

4. (Withdrawn) A herbal formulation as claimed in claim 1 wherein, the legumes are selected from the group consisting of *Psophocarpus tetragonolobus* and *Mucuna pruriens*.

5. (Currently Amended) A herbal formulation as claimed in claim 1 wherein, the total amount of legumes used in the formulation is in the range from 55-60% by wt of the formulation.

6. (Withdrawn) A herbal formulation as claimed in claim 1 wherein, the cereals are selected from *Triticum aestivum*, *Hordeum vulgare*, and mixtures thereof.

7. (Withdrawn) A herbal formulation as claimed in claim 1 wherein, the pseudocereals are selected from *Amaranthus hypochondriacus*, *Fagopyrum esculantus*, *Chenopodium quinoa*, and mixtures thereof.

8. (Withdrawn) A herbal formulation as claimed in claim 1 wherein, the total amount of cereals used is in the range from 15-25% by wt.

9. (Withdrawn) A herbal formulation as claimed in claim 1 wherein, the total amount of pseudocereal used is in the range from 20-30% by wt.

10. (Currently Amended) A herbal formulation as claimed in claim 1 wherein, said essential herbs or medicinal plants ~~herbs/medicinal plant parts~~ are selected from roots, fruits, bark, and whole plants.

11. (Currently Amended) A herbal formulation as claimed in claim 1 wherein, the total amount of said essential herbs or medicinal plants ~~herbs/medicinal plants used~~ is X, wherein X ranges between 10-20% by wt of the formulation.

12. (Currently Amended) A herbal formulation as claimed in claim 11 wherein, ~~the amounts of the essential herbs/medicinal plants namely *Centella asiatica*, *Chlorophytum tuberosum*, *Boerhaavia diffusa* and *Sida cordifolia* are used in the ranges between 10-40% by wt of X, 2-20% by wt of X, 5-30% by wt of X and 10-20% by wt of X respectively~~ X comprises 10-40% by wt of *Centella asiatica*, 2-20% by wt of *Chlorophytum tuberosum*, 5-30% by wt of *Boerhaavia diffusa*, and 10-20% by wt of *Sida cordifolia*.

13. (Currently Amended) A herbal formulation as claimed in claim 12 wherein, ~~the amounts of the essential herbs/medicinal plants namely *Centella asiatica*, *Chlorophytum tuberosum*, *Boerhaavia diffusa* and *Sida cordifolia* are used in the ranges between 16-32% by wt of X, 4-16% by wt of X, 5-24% by wt of X and 12-16% by wt of X respectively~~ X comprises 16-32% by wt of *Centella asiatica*, 4-16% by wt of *Chlorophytum tuberosum*, 5-24% by wt of *Boerhaavia diffusa*, and 12-16% by wt of *Sida cordifolia*.

14. (Currently Amended) A herbal formulation as claimed in claim 11 wherein, ~~the amount of the optional herbs/medicinal plants namely *Withania somnifera*, *Pueraria tuberosa*, *Asparagus racemosus* and *Saraca indica* are used in the ranges between 0-16% by wt of X, 0-24% by wt of X and 0-16% by wt of X and 0-12% by wt of X respectively~~ X comprises 0-16% by wt of *Withania somnifera*, 0-24% by wt of *Pueraria tuberosa*, 0-24% by wt of *Asparagus racemosus*, and 0-12% by wt of *Saraca indica*.

15. (Canceled)

16. (Withdrawn) An herbal health protective, promotive and nutraceutical composition for women and expectant mothers, wherein said composition comprises a mixture of seed powder consisting of legumes, cereals and pseudocereals ranging from 44 to 52%, herbs/medicinal plants extract ranging from 5 to 13%, sugar/jaggery ranging from 20 to 35%, milk powder ranging from 0 to 20%, *Piper longum* fruit powder ranging from 0.5 to 5.0%, *Myristica fragrans* fruit powder ranging from 0 to 5.0%, *Elettaria cardamomum* seed powder ranging from 0 to 4.0% and coca powder ranging from 0 to 10%.

17. (Withdrawn) A composition as claimed in claim 16 wherein, the amount of legumes present in the overall seed powder mixture is in the range between 23-31% by wt.

18. (Withdrawn) A composition as claimed in claim 16 wherein, the amounts of cereals present in the overall seed powder mixture is in the range between 7-13% by wt.

19. (Withdrawn) A composition as claimed in claim 16 wherein, the amounts of pseudocereals present in the overall seed powder mixture is in the range between 10-13% by wt.

20. (Withdrawn) A composition as claimed in claim 16 wherein, the composition is suitable for use in the form of powder, granules, biscuits, tablets, ingots, syrups or capsules for women/human expectant mothers.

21.-48. (Canceled)

49. (Currently Amended) A herbal formulation as claimed in claim 1 wherein, said seeds or seed products ~~the seeds/seed products~~ are *Glycine max*.

50. (Withdrawn) A herbal formulation as claimed in claim 1 wherein, the seeds/seed products are *Hordeum vulgare*.

51. (Withdrawn) A herbal formulation as claimed in claim 1 wherein, the seeds/seed products are *Amaranthus hypochondriacus*.